Republic of the Philippines
Department of Education
REGION X
DIVISION OF CAGAYAN DE ORO CITY
Office of the Schools Division Superintendent

7 July 2025

DIVISION MEMORANDUM
No. 539 s.2024

ADMINISTRATION OF PSYCHOSOCIAL ASSESSMENT TOOL (HEEADSSS) TO ALL SECONDARY SCHOOLS

TO: Chiefs, CID and SGOD
All Public Schools District Supervisors
All Secondary School Heads
All Secondary Guidance Counselors/Designate
All School Health Personnel
This Division

1. In reference to Dep Ed Order No. 28, s. 2018 on the Policy and Guidelines of Oplan Kalusugan Sa DepEd and Department of Health (DOH) Administrative Order No. 34-A, s. 2000, Adolescent and Youth Health Policy, all secondary schools are hereby directed to administer the Rapid Psychosocial Assessment Tool (HEEADSSS) to all secondary students as part of the program's implementation.

2. The **HEEADSSS** (Home, Education/Employment, Eating Habits, Activities, Drugs, Sexuality, Safety/Weapons/Violence, Suicide/Depression) is designed to assess the psychosocial well-being of adolescents and provide a comprehensive understanding of their health and welfare. This tool aims to gather essential information for appropriate interventions, support, and guidance for students.

3. The **HEEADSSS** psychosocial assessment is to be administered by the school's registered guidance counselor or a designated guidance counselor.

4. The deadline for the submission of consolidated HEEADSSS result will be on or before November 14, 2025.

5. Attached herewith are the Regional Memorandum No. 0165, s. 2024, and the student assent form.

6. In adherence to Equal Opportunity Principle (EOP), inclusive and fair treatment shall be accorded to all personnel regardless of disability, sexual orientation, gender, age, religion, and ethnicity.

Address: Fr. William F. Masterson Ave., Upper Balulang, Cagayan de Oro City
Telephone: (088) 855-0044, (088) 855-0047, (088) 328-2142
Email Address: cagayandeoro.city@deped.gov.ph
Website: https://depedcdo.net/

7. For your information and compliance.

ROY ANGELO E. GAZO
Schools Division Superintendent

Encl.: As stated
Reference: As stated
To be indicated in the Perpetual Index
under the following subjects:

PSYCHOSOCIAL ASSESSMENT

DM009-SGOD-SHN-PAY / ADMINISTRATION OF PSYCHOSOCIAL ASSESSMENT TOOL
July 7, 2025

Republic of the Philippines
Department of Education
REGION X - NORTHERN MINDANAO

REGIONAL MEMORANDUM
No. 0105, s. 2024

March 11, 2024

REITERATION OF THE CONVERGED ADOLESCENT'S REPRODUCTIVE HEALTH AND COMPREHENSIVE SEXUALITY EDUCATION IMPLEMENTATION FOR SY 2024-2025

To: Schools Division Superintendents
Assistant Schools Division Superintendents
CID and SGOD Chiefs
OKD-ARH Coordinators
All Others Concerned

1. Following **DepEd Order No. 28, s. 2018** on the **Policy and Guidelines of Oplan Kalusugan Sa DepEd** and the **Department of Health (DOH) Administrative Order No. 34-A, s 2000**, Adolescent and Youth Health Policy, the Schools Division Offices (SDOs) and identified districts/schools are directed to render rapid psychosocial assessment tool (HEEADSSS) and establish functional school-based teen centers that envision well-informed, empowered, responsible, and healthy adolescent-learners.

2. The schools' use of the HEEADSSS assessment tool must meet the following criteria:

a. Schools with trained GC/Designates, school health personnel, ARH Coordinators, Homeroom Guidance, and class advisers on the use of rapid and comprehensive HEEADSSS
b. Schools with functional Child Protection Committee, Information and Health Service Delivery Networks (ISDN) and local Adolescent Friendly Health Facilities
c. Schools have conducted orientation of parents/guardians and DepEd stakeholders
d. Schools have conducted orientation of learners
e. Consent have been signed by parents/guardians of learners

3. The administering personnel must be trained in the use of the Rapid Psychosocial Assessment Tool, ADEPT, and provision of Psychosocial First Aid (PFA) to assist in the consolidation and analysis of data, identification of learners at risk, and appropriate referral to school-based facilities and local community Adolescent Friendly Health Facilities.

4. The institutionalization of curriculum integration on Comprehensive Sexuality Education (DO 31, s.2018) and co-curricular health education shall be observed and shall not cause any class disruption.

5. For the submission of reports, the division ARH coordinators shall consolidate all OKD-ARH reports and photo documentation and submit to the regional Health and Nutrition section via email at hnu.regionx@deped.gov.ph at the start and end of the school year.

6. Attached are relevant references for guidance.

7. This office directs the immediate and wide dissemination of this Memorandum.

DR. ARTURO B. BAYOCOT, CESO III
Regional Director

ATCH.: As stated
To be indicated in the Perpetual Index
under the following subject:

HEALTH EDUCATION

RE: Reiteration of the Converged Adolescent's Reproductive Health and Comprehensive Sexuality Education Implementation for SY 2024-2025

ESSD/edselyn

STUDENT ASSENT FORM

I, _____, have been asked to take the "**HEEADSSS** psychosocial assessment."

I understand that I will be asked questions related to the various aspects of the assessment. My participation is voluntary, and I may withdraw at any time without it affecting my grades.

The person conducting the assessment will keep my identity confidential and my name will not be disclosed to anyone. If I have any concerns or questions about the assessment, I may approach the guidance counselor/designate or our teacher.

I am willing to participate in the psychosocial assessment.

_____ _____

Student Name and Signature Date